



CYD-GADEIRLAN SANT JOSEFF
SAINT JOSEPH'S CO-CATHEDRAL
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Cathedral Dean: *Fr Phillip Harries*

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Times and Intentions of Holy Mass for the Coming week

Saturday 25 th July <i>St James - Apostle</i> <i>Vigil of the 17th Sunday on Ordinary Time</i>	5:00pm 5.30pm	<i>Confessions</i> John Burke RIP Anniv (Colleen)
Sunday 26 th July <i>17th Sunday on Ordinary Time</i>	8:00am 10.00am	Brendan, Tom & Gladys Davies RIP Pro Populo (<i>For the People</i>)
Monday 27 th July	**NO MASS**	
Tuesday 28 th July	**6:00pm** 6:30pm	<i>Adoration of the Blessed Sacrament</i> Michael Sullivan RIP (Pat Rishards)
Wednesday 29 th July	9:30am <i>Followed by adoration</i>	Moira & Richard Heady RIP Anniv (Mary Clare)
Thursday 30 th July	9:30am 11:00am	Sheila Sullivan RIP (Pat Richards) Funeral Service of Alan Morgan RIP
Friday 31 st July	9:30am 10:45am	Phillip Walsh RIP (Marian Tennant) Funeral Service of Phillip Walsh
Saturday 1 st August <i>Vigil of the 18th Sunday on Ordinary Time</i>	5:00pm 5.30pm	<i>Confessions</i> Margaret, Ken & Pauline Williams RIP (Mary Clare)
Sunday 2 nd August <i>18th Sunday on Ordinary Time</i>	8:00am 10.00am	Peter, Ted & Bessie Harries RIP Pro Populo (<i>For the People</i>)

Please pray for those who are unwell:

Deacon Tony Lawrence, Teresa Williams, Ian Williams, Lee Ellery, Taylor Mai, Heather Mitchell, Neil Andrew Francis, Gary Lewis, Tom Bright, Maralyn Brain, Christopher Browne, Brian Thomas, Lynda Rees, Candida Felicio, Nora Kennedy, Paddy Colclough, Eileen Morgan, Eileen Griffiths, Melanie Kennedy, Rita Lewis, Danielle Jones; Donald Pitson, Pat Durran, Barbara Watts, Neil Rooney, and all the sick.

OFFERINGS FOR SUNDAY:

28th June 1st Collection (Loose Plate) **£669.93**

If you would like to make your offertory donation on line by BACS please contact the office for our bank details. Alternatively, there is a Standing Order form from the porch, or on our website if you wish to set up a regular payment. There is also the collection at Mass each week.

THANK YOU

FOR YOUR KIND SUPPORT OF OUR PARISH.

Baptism Information: is available in the porch. Please complete the form after reading the information and then arrangements can be made for parents to attend a short course before a date for baptism is arranged.

*If you are visiting the parish on holiday
Croeso—Welcome!*

*If you are going on holiday—
Have a great time—come home safe!*

Recently Died: Phillip Walsh RIP, Alan Morgan RIP, and Brian Pitson RIP (In Canada). May they rest in peace. Amen.

RIP anniversaries: Audrie Thomas, Jozef Sugar, Margaret Lewis, Bernard Uzzell, John Williams, Margaret O'Singa, Margaret Heart, Margaret Edwards, Keith Jones, Wally Joseph, Joyce Smith, Daniel Kelly, Keri Williams, Margaret Stevens, Sean O'Donnell, and all the faithful departed. ***May they rest in Peace - Amen***

Sanctuary Lamps are lit for:

Margaret & Bernard Pitson RIP .



Diolch o galon – heartfelt thanks:

To all the kind volunteers who have joined the Cleaning teams that clean the cathedral each Week – Thanks to Sarah for organising the lists!



Prayer to St. Michael, Archangel

Holy Michael, the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, Prince of the Heavenly Hosts, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen.



Fr Phillip writes... Our lives go on whatever happens around us. Sometimes we are confronted with joy and celebration, while other times we experience grief and hurt. Our Faith gives us support in our most difficult times, and fuels our hope—which is an essential element to life! Sometimes that hope is clouded by an overload of difficulty and trial Yet it never leaves us, it is always there. Let us make time to reflect on the often silent presence of God in our lives—and rest in His loving support.

Please can you help in the sacristy?

Monsignor Joe Ceffai has very kindly agreed to Come to the cathedral on supply on the 8th/9th, 15th/16th of August. As we do not have a sacristan, I set up the things for Mass at the moment. I would be very grateful if someone could help out to allow me to take a break. If you are able to get things ready for Mass and make Mgr Joe welcome, please see me after Mass. Ideally, someone who goes to the Vigil Mass, and someone who goes to the 10:00am Mass would be wonderful.

Thank you in advance for your help – *Fr Phillip*



Would you like to be part of a fund-raising activity to raise funds for our parish?

A 200 club, is a way of raising funds while having the chance to win some money in the process ... Ideally 200 parishioners sign up and pick a number each. Every month numbers are drawn at random from the 200, and there are cash prizes! This means each month people win money, but also the additional money is banked for the parish. It costs just £5 each month to be in the draw, and ideally people pay via direct debit for the month, or the year. There are kind volunteers who can give you more information after Mass in the porch, so please consider signing up to show interest, and hopefully, if enough people would like to take part, we can begin in the very near future!! Thank you for your support!



Did you know... The cathedral Parish is over £48,000 overdrawn? I very recently found out that it was £38,000 in debt, and I had to extend the loan from the Archdiocese to pay outstanding bills both from before my arrival, and bills we have received since my arrival. I am currently doing my best to limit expenditure, and to cut back wherever possible, I have also enlisted the help of departments within the Archdiocese, but this is a challenge! Anything you can do to help our fundraising is very much appreciated. Many thanks to our team of fundraisers – if you feel you can help, please let me know. Thank you – Fr Phillip

The Archdiocese of Cardiff-Menevia Youth Mission:

Summer Camp – in Pembrokeshire, on August 5th – 9th, for year 9's to year 13's

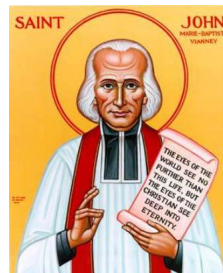
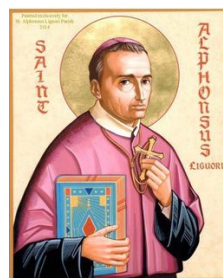
Please see the posters in the porch for more information via the QR code, or the telephone number is 02920-379490.

The e-mail is youth@cardiffmenevia.org

Due to the high temperatures this weekend, please help yourselves to water in the porch if you need it! If you need to sit or go out for fresh air at any time, please do so.

We ask the prayers of each other,

and of the saints: just like us, they were of different backgrounds and different characters. St Alphonsus Liguori – a bishop, philosopher, theologian and doctor of the Church is the founder of the Redemptorist Order, and great preacher of the love of God in Confession; while St John Vianney was nearly not ordained, because he struggled so much with his seminary studies. St John later became the most famous parish priest in France attracting thousands to his confessional, and the first secular parish priest to be canonised. with our own distinct skills and characters, we have a role in helping others on the pilgrimage we all make towards our Saviour. This week, let us remember to pray for one another, as well as those who are most in need. Through God's grace, may we build his kingdom here and now, and show his love to others – Saints of God—Pray for us!



The Saints and their teaching on

Sacramental Confession: Going to the sacrament of Reconciliation can sometimes be daunting. We don't always like to say out loud our sins and might even be embarrassed to approach the priest. Yet, the Church invites us with open arms and invites us to make use of this great sacrament. St. John Vianney knew well the power of this sacrament.



He would spend up to 16 hours a day hearing confessions. People from miles around would travel to the saintly priest, just to go to confession. He knew confession was a great aid to our soul and preached about it on many occasions. He said of confession - *"It is a beautiful thought, my children, that we have a Sacrament which heals the wounds of our soul! God makes a greater speed to pardon a penitent sinner than a mother to snatch her child out of the fire. When you go to confession, you must understand what you are about to do; you are about to un-nail our Lord."* His approach was simple and loving, with complete trust in the mercy of God. St Alphonsus, even though he was a gifted academic had the same simple approach *"What does it cost us to say: 'My God help me! Have mercy on me!'"* Is there anything easier than this? And this little will suffice to save us if we be diligent in doing it." Our approach needs to be the same—simple, honest and trusting in God's great love for us. If you haven't made your confession in a while, consider it now, and trust God's merciful embrace in this Sacrament of His healing love.

"Love is shown more in deeds than in words." — St. Ignatius of Loyola