



CYD-GADEIRLAN SANT JOSEFF
SAINT JOSEPH'S CO-CATHEDRAL
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Times and Intentions of Holy Mass for the Coming week

Saturday 5 th September <i>St Teresa of Kolkata</i> <i>Vigil of the 23rd Sunday in Ordinary Time</i>	12:30pm 5:00pm 5.30pm	<i>Marriage of Owen Davies & Nicole Acosta</i> Confessions O'Donnell Family RIP (Colleen)
Sunday 6 th September <i>23rd Sunday in Ordinary Time</i>	8:00am 10.00am 3:00pm	<i>No Intention Requested</i> Pro Populo (<i>For the People</i>) Union of Catholic Mothers Quarterly Mass
Monday 7 th September	9:30am <i>Followed by Adoration</i>	Thanksgiving
Tuesday 8 th September <i>Nativity of the Blessed Virgin Mary</i>	<u>NO MASS</u>	
Wednesday 9 th September	6:00pm 6:30pm	<i>Adoration of the Blessed Sacrament</i> LeAnne Harries RIP Birthday Memories
Thursday 10 th September	9:30am <i>Followed by Adoration</i>	<i>No Intention Requested</i>
Friday 11 th September	9:30am <i>Followed by Adoration</i>	Helena & John Hammett RIP Anniv. (Iris Hammett)
Saturday 12 th September <i>Vigil of the 24th Sunday in Ordinary Time</i>	5:00pm 5.30pm	Confessions Maureen Cahill RIP Birthday Memories (Colleen)
Sunday 13 th September <i>24th Sunday in Ordinary Time</i>	8:00am 10.00am	<i>No Intention Requested</i> Pro Populo (<i>For the People</i>)

Baptism Preparation Class: Sunday 13th September from 4:00pm to 5:30pm in the Library. Please contact Sr Nora Mary to attend the class.
Places can be booked on 07723-351700

Please pray for those who are unwell:

Deacon Tony Lawrence, Teresa Williams, Ian Williams, Lee Ellery, Taylor Mai, Heather Mitchell, Neil Andrew Francis, Gary Lewis, Tom Bright, Maralyn Brain, Christopher Browne, Brian Thomas, Lynda Rees, Candida Felicio, Nora Kennedy, Paddy Colclough, Eileen Morgan, Eileen Griffiths, Melanie Kennedy, Rita Lewis, Danielle Jones, Donald Pitson, Pat Durran, Barbara Watts, Neil Rooney, and all the sick.

OFFERINGS FOR SUNDAY:

Last weekend 1st Collection (Loose Plate) **£828.20**

If you would like to make your offertory donation on line by BACS please contact the office for our bank details. Alternatively, there is a Standing Order form from the porch, or on our website if you wish to set up a regular payment. There is also the collection at Mass each week.

THANK YOU
FOR YOUR KIND SUPPORT OF OUR PARISH.

Baptism Information: is available in the porch. Please complete the form after reading the information and then arrangements can be made for parents to attend a short course before a date for baptism is arranged.

RIP anniversaries : Ronald Cummings, Henryk PIONTECKI, Stephen Clay. Ronnie Shaddick, Jean Evans, Brian Nutt, Mary Bendall, Peter Humphries, Laurence Folingio, Margaret Maguire, Helena Hammett, Richard Lenihan, Gwyn Einon, and all the faithful departed.

May they rest in Peace - Amen

Sanctuary Lamps are lit for:

In Thanksgiving



Mass intention Request Envelopes available:

Please use them if you would like Holy Mass to be offered for an intention.



Prayer to St. Michael, Archangel

Holy Michael, the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, Prince of the Heavenly Hosts, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen.



Fr Phillip writes... Our Faith, gives us strength, especially when our own strength evades us. When life situations leave us feeling helpless, then we are faced with the reality of the gift of Faith, and this really does become our sustenance, and a source of strength. In our good days, let us stop, and make time to turn to God, and ask for the grace of the Holy Spirit to lead and guide us; but especially in the more challenging days—let us allow our Loving God to uphold us by His Grace.

—Croeso 'nol—Welcome back!
To all the Staff and Students of St Joseph's Cathedral School! May God bless you as you start the New School Year!

200 Club is now open!

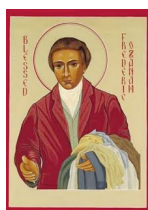
A 200 club, is a way of raising funds while having the chance to win some money in the process.



It costs just £5 each month to be in the draw, and all people are now able to sign up! Please give your money and get your number from our kind volunteers after Mass. **PLEASE PAY CASH AT THE MOMENT - £60 for the year £5 for a month.** Thank you!

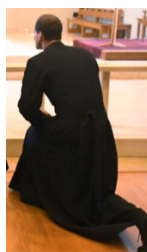
Blessed Frederick Ozanam :

Paris of the early 19th century was in the grip of great upheavals. Large numbers of the country people were moving to the cities to find work in the factories. Many arrived to discover that there was no work, and large slum areas were forming in Paris; and in addition to an already impoverished city, an epidemic of cholera swept through Paris making homelessness, disease, and starvation common. Frederic Ozanam gathered a few friends around him and on 23 April 1833 they met to decide what they could do to assist the poor. The small group decided to adopt the name The Society of St Vincent de Paul after the Patron Saint of Christian charity. This was the start of the Society of St Vincent de Paul, which changes the lives of many today, and gives witness to the active charity of our Christian Faith. Blessed Frederick – Pray for us!



Congratulations to Owen Davies & Nicole Acosta, Married at the Co-Cathedral on Saturday – Llongyfarchiadau!

Why do we genuflect? We genuflect to show reverence to the Holy Eucharist reserved in the tabernacle as we enter the Church, or pass before the tabernacle. If you, can not genuflect due to an ailment, a low bow is an appropriate substitute. The important thing is, to remind ourselves of the presence of Our Lord in the Holy Eucharist, and for us all do what we can to show our love and respect before the Blessed Sacrament.



The Nativity of the Blessed Virgin Mary:

The Church has celebrated Mary's birth since at least the sixth century. The September 8 date helped determine the date for the feast of the Immaculate Conception on December 8. Scripture does not give an account of Mary's birth. However, the apocryphal Protoevangelium of James reflects the development of Christian piety, and describes Anna and Joachim as infertile but pray for a child. They receive the promise of a child who will advance God's plan of salvation for the world. Such a story, like many biblical counterparts, stresses the special presence of God in Mary's life from the beginning. Saint Augustine connects Mary's birth with Jesus' saving work. He tells the earth to rejoice and shine forth in the light of her birth. The opening prayer at Mass speaks of the birth of Mary's Son as the dawn of our salvation, and asks for an increase of peace. Birthday celebrations bring happiness to the celebrant as well as to family and friends. Next to the birth of Jesus, Mary's birth offers the greatest possible happiness to the world. Each time we celebrate her birth, we can confidently hope for an increase of peace in our hearts and in the world at large. Holy Mary, Mother of God—pray for us!



Not dead yet UK is a network of disabled people opposed to the legalisation of assisted suicide and euthanasia. They have produced campaign cards, in response to parliamentary debates on assisted dying legislation.



- NDYUK argues that changing the law puts vulnerable, disabled, and terminally ill people at risk of subtle coercion, slippery-slope legislative expansion, and a devaluing of their lives.
- Following the re-introduction of the Terminally Ill Adults (End of Life) Bill by MP Lauren Edwards in June 2026, NDYUK and other disability campaigners have actively lobbied against the legislation ahead of the upcoming second reading debate scheduled for 11 September 2026.
- Their campaign flyers and booklets outline opposition points, legislative creep evidence from countries like Canada and Oregon, and calls to contact MPs to reject the bill in favour of better palliative care funding.

Please consider sending one of their cards to, your local MP to ask them to vote against the introduction of Assisted Suicide, but to support care for the terminally ill, and all Hospice care provision. You can also follow the link on the Cardiff-Menevia website www.rcadc.org Please complete a card, and let us keep this in our prayers.

Please can you help in the sacristy?



I would be very grateful if someone could help out! Please consider if you can help, and have a chat with me if you have any queries. Thank you in advance for your consideration –
Fr Phillip

"Laughter has been implanted in our soul, that the soul may sometime be refreshed ." - St John Chrysostom