



CYD-GADEIRLAN SAINT JOSEFF
SAINT JOSEPH'S CO-CATHEDRAL
CONVENT STREET, SWANSEA, SAI 2BX



Tel: 01792 652683

Email: cathedral@menevia.org

www.meneviacathedral.org

Cathedral Dean: *Fr Phillip Harries*

Parish Sister: *Sr Nora Mary Ryan UJ* (077233-51700)

Safeguarding: Mrs Christine Nutt (07980-776753) Mr John Kennedy (07789-934702)

Times and Intentions of Holy Mass for the Coming week

Saturday 12 th September <i>Vigil of the 24th Sunday in Ordinary Time</i>	5:00pm 5.30pm	Confessions Maureen Cahill RIP Birthday Memories (Colleen)
Sunday 13 th September <i>24th Sunday in Ordinary Time</i>	8:00am 10.00am	No Intention Requested Pro Populo (For the People)
Monday 14 th September <i>Exultation of the Holy Cross</i>	9:30am <i>Followed by Adoration</i>	Mary & Charley Davies RIP (Pat Smith)
Tuesday 15 th September <i>Our Lady of Sorrows</i>	NO MASS	
Wednesday 16 th September <i>Pope St Cornelius & St Cyprian</i>	6:00pm 6.30pm	Adoration of the Blessed Sacrament No Intention Requested
Thursday 17 th September	9:30am <i>Followed by Adoration</i>	No Intention Requested
Friday 18 th September	9:30am <i>Followed by Adoration</i>	No Intention Requested
Saturday 19 th September <i>Vigil of the 25th Sunday in Ordinary Time</i>	5:00pm 5.30pm	Confessions Cahill Family RIP (Colleen)
Sunday 20 th September <i>25th Sunday in Ordinary Time</i>	8:00am 10.00am	No Intention Requested Pro Populo (For the People)

Baptism Preparation Class: Sunday 13th September from 4:00pm to 5:30pm in the Library. Please contact Sr Nora Mary to attend the class.
Places can be booked on 07723-351700

Please pray for those who are unwell:

Deacon Tony Lawrence, Teresa Williams, Ian Williams, Lee Ellery, Taylor Mai, Heather Mitchell, Neil Andrew Francis, Gary Lewis, Tom Bright, Maralyn Brain, Christopher Browne, Brian Thomas, Lynda Rees, Candida Felicio, Nora Kennedy, Paddy Colclough, Eileen Morgan, Eileen Griffiths, Delanie Kennedy, Rita Lewis, Danielle Jones; Donald Pitson, Pat Durran, Barbara Watts, Neil Rooney, and all the sick.

OFFERINGS FOR SUNDAY:

Last weekend 1st Collection (Loose Plate) **£769.27**

If you would like to make your offertory donation on line by BACS please contact the office for our bank details. Alternatively, there is a Standing Order form from the porch, or on our website if you wish to set up a regular payment. There is also the collection at Mass each week.

THANK YOU
FOR YOUR KIND SUPPORT OF OUR PARISH.

Baptism Information: is available in the porch. Please complete the form after reading the information and then arrangements can be made for parents to attend a short course before a date for baptism is arranged.

RIP anniversaries: Enid Howells, Ellen Maccne, Fred Giltinan, Naldo Sartori, Julie Daly, Ann Webber, Mary Charles, Bernadette Wilkes, Catherine Kinsey, Anne O'Connor, Elizabeth Thomas, Gwynne Eynon, Thomas Davies, Mary O'Neil, Patricia Jones, and all the faithful departed.

May they rest in Peace - Amen

Sanctuary Lamps are lit for:

Catherine Moor RIP



Mass intention Request Envelopes available:
Please use them if you would like Holy Mass to be offered for an intention.



Prayer to St. Michael, Archangel

Holy Michael, the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, Prince of the Heavenly Hosts, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen.



Fr Phillip writes... Our Faith, gives us strength, especially when our own strength evades us. When we, or those we love are unwell, and situations seem difficult, our Faith gives us strength, and prayer develops a greater focus and urgency.

The world would have us believe that we have everything within us we need—our Faith tells us that making room in our busy lives for God, through prayer completes us. Sometimes in our helplessness, we are made to recognise our reliance on a loving God who cares for us! The Cross is our hope and strength. It is transformed from a sign of dread and death, to a symbol of strength and hope. The Cross is particularly poignant to us in our difficulties, and encourages us to always strive to follow in the footsteps of Christ—Our Lord, and Our God!

200 Club is now open!

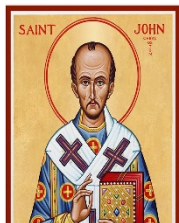
A 200 club, is a way of raising funds while having the chance to win some money in the process.

It costs just £5 each month to be in the draw, and all people are now able to sign up! Please give your money and get your number from our kind volunteers after Mass. **PLEASE PAY CASH AT THE MOMENT - £60 for the year £5 for a month.** Thank you!



St. John, Chrysostom :

(golden-mouthed) on account of his eloquence, born in the year 344, in the city of Antioch. In 374, he began to lead the life of a hermit in the mountains near Antioch, but in 386 the poor state of his health forced him to return to Antioch, where he was ordained a priest. In 398, he was made Bishop of Constantinople and became one of the greatest lights of the Church. He died on September 14, 407.



Harvest Thanksgiving Mass

26/27th September: giving thanks to God for the Harvest and helping others with the gift of Food, is a two fold way we can show active charity through our Prayer.

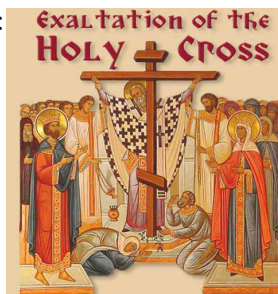
The items of food will be given to the Missionaries of Charity (The Mother Theresa Nuns in the Strand) for distribution to those who are struggling to provide food for themselves and their families in the current times. It is important for us to thank God for our food, and His many graces, but also to help where we can with lightening the burden of others. **Please bring food to donate to Mass on this weekend,** so we can provide practical help, as well as the help of our prayers to support the Sisters, and those who are struggling in Swansea.



The Exultation of the Holy Cross:

Early in the fourth century, Saint Helena, mother of the Roman Emperor Constantine, went to Jerusalem in search of the holy places of Christ's life. She razed the second-century Temple of Aphrodite, which tradition held was built over the Saviour's tomb, and her son built the Basilica of the Holy Sepulchre on that spot.

During the excavation, workers found three crosses. Legend has it that the one on which Jesus died was identified when its touch healed a dying woman. The cross immediately became an object of veneration. At a Good Friday celebration in Jerusalem toward the end of the fourth century, according to an eyewitness, the wood was taken out of its silver container and placed on a table together with the inscription Pilate ordered placed above Jesus' head: Then "all the people pass through one by one; all of them bow down, touching the cross and the inscription, and after kissing the cross, they move on." All are welcome to venerate a relic of the True Cross after Mass on Monday.



Our Lady of Sorrows: The title, Our Lady of Sorrows, given to our Blessed Mother focuses on her intense suffering and grief during the passion and death of our Lord. Traditionally, this suffering was not limited to the passion and death event; rather, it comprised of the seven sorrows of Mary, which were foretold by the Priest Simeon who proclaimed to Mary, This child Jesus is destined to be the downfall and the rise of many in Israel, a sign that will be opposed and you yourself shall be pierced with a sword so that the thoughts of many hearts may be laid bare (Luke 2:34-35). These seven sorrows of our Blessed Mother included the flight of the Holy Family into Egypt; the loss and finding of the child Jesus in the Temple; Mary's meeting of Jesus on His way to Calvary; Mary's standing at the foot of the cross when our Lord was crucified; her holding of Jesus when He was taken down from the cross; and then our Lord's burial. In all, the prophesy of Simeon that a sword would pierce our Blessed Mother's heart was fulfilled in these events. For this reason, Mary is sometimes depicted with her heart exposed and with seven swords piercing it. More importantly, each new suffering was received with the courage, love, and trust that echoed her yes to God, "let it be done unto me according to Thy word", first uttered at the Annunciation. *Our Lady of Sorrows – Pray for us!*



Please can you help in the sacristy?

I would be very grateful if someone could help out! This would involve preparing things that are used for Mass, changing the materials for feast days, and generally making sure all is ready – especially when there is a supply priest celebrating Mass. Its not a long commitment of time, but it is an essential element within the life of a parish. **Someone may be able to help with washing of Altar linens (the cloths used by the priest during Mass) – anything is a help!!**

Please consider if you can help and have a chat with me if you have any questions or ideas. Many thanks!! *Fr Phillip*



"Oh cherished cross! Through thee my most bitter trials are replete with graces!" – St. Paul of the Cross